



STUDENT SUPPORT SERVICES

SOCIAL- EMOTIONAL WELLNESS

PARENT RESOURCES

[Supporting your child's mental health as they return to school during COVID-19](#)

[Helping Kids Face the Challenges of Reopening](#)

[Teenagers and Reopening](#)

[7 Ways to Support Kids and Teens Through the Coronavirus Pandemic](#)

[Dealing with Stress and Anxiety During Uncertain Times](#)

[How to Help Your Kids Handle Disappointment](#)

[Coping with Social Anxiety During Social Distancing](#)

[Social-Emotional Learning Parent Toolkit](#)

[Parent/Caregiver Guide to Helping Families Cope With the Coronavirus Disease 2019](#)

[A Parent Guide to Support Your Child's Social-Emotional Development](#)

[Tips for Managing Behaviors for at Home Learning](#)

[When Your Child Fears The Coronavirus: 8 Tips for Taming Anxiety](#)