

Substance Abuse Resources

12 Step Programs

Alcoholics Anonymous

Call 713-686-6300 to find the closest meeting
www.aahouston.org/

Narcotics Anonymous

Call 713-661-4200 to find the closest meeting
www.hascona.com

AlAnon/Alateen

Call 713-683-7227 to find the closest meeting
www.houstonalanon.org

Psychiatric Hospitals with Inpatient and Intensive Outpatient Programs

Cypress Creek Hospital

17750 Cali Drive, Houston, TX 77090
281-586-7600

www.cypresscreekhospital.com

IntraCare North Psychiatric Hospital

1120 Cypress Station, 77090
281-893-7200

www.intracarehospital.com

West Oaks Hospital

6500 Hornwood, Houston 77074
713-995-0909

www.westoakshospital.com

For adolescents ages 13-17 and adults. Intensive outpatient and day treatment for chemical dependency and dual diagnosis. Free family recovery groups and 12 step groups. Relapse prevention program.

Alternative Peer Groups & Outpatient Programs

Palmer Drug Abuse Program (PDAP) www.pdaphouston.org

Three Memorial City Plaza, 840 Gessner, Suite 1300, Houston, TX 77024
281-589-4833 or 281-589-4832

Provides **free** outpatient drug and alcohol recovery services designed to help both individuals and families recover. Available to teenagers (12-17), adults (17-25), and parents. Call for current meeting times and locations. English and Spanish

The Council on Recovery (www.councilonrecovery.org)

303 Jackson Hill Street, Houston, Texas 77007

281-200-9262 or 281-200-9499

Offers Intensive Outpatient & Alternative Peer Groups for teens ages 13 through 18 and their families. Fee based services.

Teen and Family Services www.teenandfamilyservices.org

11140 Greenbay Street, Houston, TX 77024

713-464-3950

Provides services for adolescents and their families related to substance abuse. Offers services on a sliding scale fee

Lifeway International (www.lifewaycares.com)

10110 W. Sam Houston Parkway South, Suite 110

Houston, TX 77099

1-877-270-6753

Provides partial hospitalization program (PHP) and intensive outpatient program (IOP). Alternative peer groups, case management services. Serves adolescents (13-17), young adults (18-25) and adults (age 26 and up)

Residential/Inpatient Programs

The PaRC (Memorial Hermann Prevention and Recovery Center)

3043 Gessner Houston, 77080 (713-939-7272)

<https://www.mhparc.org/index.php>

Comprehensive treatment for adolescents ages 13 to 17 suffering with primary substance abuse dependency as well as those struggling with co-occurring psychiatric disorders. Self-pay and insurance accepted.

Phoenix House (residential programs available in Austin and Dallas) Houston has an IOP program

501 Garden Oaks Blvd. Houston 77018 (713-426-2637) All major insurances and Medicaid accepted, IOP is 6-9PM

www.phoenixhouse.org

Cenikor/Odyssey House Texas, Inc.

5629 Grapevine, Houston, 77085, (713-726-0922)

www.odysseyhousetexas.com

20 bed, coed, 4-9 month voluntary, unlocked, residential treatment programs for adolescents 13-17 who have substance abuse and dual diagnosis. On-site HISD school and ROPES course. Self pay and insurance accepted

Right Step

902 W. Alabama, Houston 77006, (832-917-0310)

www.rightstep.com

Chemical dependency, adult and adolescent inpatient, outpatient, & partial hospitalization. Self pay and insurance accepted. Katy Office!