## SHAC MINUTES



Date: Thursday, November 18,2021 Time: 1:03pm - 2:15pm

## List of Attendees attached

## I. Meet and Greet

SHAC meetings are now required to be recorded and will be posted on the SHAC website within 10 days.

Members/Guests were introduced, and meeting norms discussed.

## II. Mental Health Services Update

#### Kelli Davidson/Anne Mchale- Miller

We are in an overall mental health crisis. 17,000 mental incidents were reported last year in our district. As of today, 12,035 mental incidents have been reported.

In an effort to address the growing mental health crisis, in February 2021, our district restructured student support personal, school counselors, social workers and LSSP. Currently we have a total of 13 social workers and 65 LSSPs.

On July 29, 2021, the district offered professional development for our staff members to help support tragedy protocols, procedures, and mental health for students and staff members. A quick reference guide for the Katy ISD Crisis Intervention Team was shared. There are also two full time mental officers working in the district to support student needs. A dashboard for student support services was shared which now allows district personnel to monitor trends across the district to better assist and or prevent/address specific situations or trends.

## III. Healthy Living matters and Harris County Public Health Update

#### <u>Kara Ihedigbo</u>

A new division has been created to focus only on Covid-19. CDC Guidelines continue to be shared. Our positivity rate is now at 4.8%. Vaccinations are still available. As of Monday, November 15, 2021, twenty-three thousand, nine hundred eighty-nine 5–11 year old's have been partially vaccinated, which is about 5% of the population in Harris County. Sixty-seven percent of 12-19 year old's have been partially vaccinated.

Healthy Living Matters: A new strategic plan will continue to target obesity. The Harris County Health Department will continue to support school's health advisory councils and SHACS with this plan. We will determine which SHACS in our county's districts are interested in the program. This will be the plan for the next 5 years: Identify goals, convert training sessions for every semester, increase participation, continue to identify best policies, encourage community/school gardens, support play, support community safety, and make health education a requirement to graduate.

# IV. Curriculum and Instruction SHAC Recommendations/Board Resolution

#### Dr. Kimberly Lawson/Dr. Sanee Bell

The Katy ISD Board of Trustees approved the resolution for our SHAC to review and make recommendations to them regarding sex education curriculum. New Physical Education courses for High Schools have been added to the curriculum, in accordance with TEA curriculum updates.

## V. Proclamation 2022 Update

#### Howard Grimet

Our district is now in the process of soliciting feedback from teachers, counselors, parents, and staff members regarding health education materials for grades K-12. This process will continue through December 15, 2021.

### **Next Meeting**

Thursday, January 13,2022. | 11:00am-1:00pm, Food and Nutrition Department