

# MEETING

## MINUTES

### SHAC

**DATE:**

11/14/2024

**TIME:**

1:00-2:30 PM

**FACILITATOR:**

HC Grimet

**IN ATTENDANCE**

12 attendees

**MEET AND GREET**

This meeting is required to be recorded and posted to the SHAC website within 10 days.

**KATY ISD LOCAL WELLNESS POLICY EVALUATION**

KISD Presenters included: Donna Pittenger

Wellness Policy Implementation Measurement Plan 2024-2025 (handout)

- Getting audited this year
- Self funded - no money from general fund
- Reviewed plan, the components of the plan and the measures of success for each component

**SPRING BRANCH COMMUNITY HEALTH CENTER UPDATE**

Presenter: Paulina Avial-Martinez

- FQHC Designation
- Focus on making healthcare accessible to everyone
- started with one clinic in 2003, grown to 8 clinics and 2 mobile clinics. Locations in Katy, West Houston, Cy-Fair

- Primary focus on persons at or below poverty level, women, Hispanic/Latinos
- Screen clients to qualify for discounts, sliding fee scale
- Community Health Programs - mobile units- after hours, weekends, HIV education, health screenings, dental care ages 3-20 years, Youth Plus - work with youth in crisis, need alternative housing & counseling

#### **FISHING'S FUTURE COMMUNITY**

Presenter: Brenda Shaver

- Community partnership with Katy ISD Anglers
- Fishings Future - reconnect youth to family & strengthen family relationships, reconnect family to nature
- 20 years - started at Golbow Elementary in 2004 & now at over 30 KISD campuses
- Katy Chapter -
  - 60+ members including some KISD namesakes, retired teachers
  - Fishing's Future Adventure Raffle - raised over \$19K to restock ponds, purchase fishing equipment
  - Angler Education Instructor Certification Staff Development
  - Volunteers provide workshops for Katy Anglers & teach Anglers Ed to students on campuses
  - Outdoor Adventure Education Field Trip
  - Family STEAM Nights & Family CATCH Nights
- Community partnership with State of Texas - volunteers receive awards for hours

#### **REFLECTIONS / QUESTIONS / CLOSURE**

None

#### **NEXT MEETING**

January 16, 2025, 1:00-2:30 at the Food and Nutrition Department building.