

MEETING MINUTES SHAC

**DATE:**

11/16/2023

TIME:

1:01-2:33

FACILITATOR:

HC Grimet

IN ATTENDANCE

See Attached list

MEET AND GREET

This meeting is required to be recorded and posted to the SHAC website within 10 days.

KIDS TEACHING KIDS HEALTHY LIFESTYLES

Janice Longino spoke about the Kids Teaching Kids Healthy Lifestyles program. The KTK program is put on to help those students healthy eating habits. The program has a 21-day snack challenge that showcases how to make easy at home healthy snacks. This is a kid teaching kids program which entails High School, Junior High and Elementary kids interacting together for a healthier lifestyle. The program helps High school kids work towards a scholarship opportunity and if selected the child's recipes will be published in their annual recipe book. This program is free to participate, and parents and community can help.

SENATE BILL 629 – NARCAN REQUIREMENT

Therese Highnote discussed the approved Senate Bill 629 and how it affects Katy ISD. Katy ISD Police already carry Narcan, and the school nurses will now have it in their office. Narcan will be given in case of a possible overdose of narcotics, nurses role is to assess not diagnose. Katy ISD Police and Katy ISD Nurses will work closely together.

THE CONSIDERATION OF HUMAN GROWTH AND DEVELOPMENT TEK

HC Grimet reviewed puberty resources for 4th grade. The SHAC committee viewed instructional videos to consider for use. Parents must opt-in for their child to participate in this instruction.

A vote was taken for the use of these instructional resources:

Participants in favor – 13

Participants opposed – 0

ANNOUNCEMENTS

None

NEXT MEETING

January 18, 2024, 1:00-2:30 at the Food and Nutrition Department building.