

SHAC MINUTES

Date: Thursday, January 13, 2022

Time: 11:30am - 12:51pm

List of Attendees attached

I. Meet and Greet

Meetings are recorded and will be posted on the SHAC website within 10 days.

Members/Guests were introduced, and meeting norms reviewed.

II. Fuel up to Play 60/Dairy Max

Sandra Castro – School Wellness Consultant

Dairy Max - Our official Local Dairy Council. They are under the National Dairy Council serving 87,000 schools in our region with over 100 years of scientific evidence.

Fuel up to Play 60- National Program for 10 years. They are in all our public schools. It is a free national wellness program that offers ways to eat healthy, stay active, and celebrate success throughout the school year.

The website has now focused on becoming more user friendly for parents and community members. There is also an educator dashboard for our educators not just with physical activity content but also with science, social studies, and health. They also have funding opportunities for educators through our program.

The Play book program, funded by the NFL, offers the 5 healthy eating plays and 5 physical plays for at least 60 mins a day. Teachers and schools receive credit/rewards for completing ideas and challenges throughout the year. We also have grants for physical and mental disabilities to make sure all students have the same opportunities and are included through the All in All Activities Program.

Student Zone is an app for students with different activities and challenges where they can earn badges and rewards.

III. Proclamation 2022 Update

HC Grimet – Physical Ed/Health Elem & Sec Coordinator

A few changes have occurred with resources. QuaverEd did not pass at the State Board of Education approval process, as a result there are no Health resources recommended by the State of Texas for Elementary Curriculum. Resources for your consideration will be identified. Goodheart-Willcox has made some changes in their content based on the request from the State Board for Secondary Resources. We will send out another request for input on the materials being presented. The final date for input is February 4, 2022.

IV. Katy Virtual School

Barbara Landreneau /Susan Richards/Christi Harrelson

The Katy Virtual School program Launched in 2013 and has grown since then. Katy ISD offers opportunities for students to get ahead or catch up on courses required to graduate fully online. Currently the district offers over 45 courses taught by Katy ISD teachers. The courses are available through Canvas. Courses are offered in two semester terms during the school year and four-week programs during the summer. Each course is \$200 with scholarships available. Students also may request electronic devices. Applications will open February 1 for the upcoming school year.

Next Meeting

Our next scheduled meeting will be on Tuesday, February 22, 2022, from 9:00am-10:30am at the Katy ISD Food and Nutrition Department.

If any additional meetings are scheduled, invitations will be sent out via email.