

## Parent Notification Letter High School Health Course

In accordance with Texas Education Code 28.004 and Senate Bill 9, students in high school health will receive instruction on the required health Texas Essential Knowledge and Skills (TEKS) specific to human growth and development, abuse prevention, and violence prevention. Instruction in human growth and development, abuse prevention, and violence prevention will be delivered during the sixth six weeks for students earning credit during the spring semester.

The purpose of the curriculum is to provide students with information about how to deal with the challenges of adolescence and to supplement the efforts of parents as they educate and support their students. Topics will include the physical changes resulting from puberty, personal hygiene, abuse, violence, trafficking, abstinence, and prevention of sexually transmitted diseases. We encourage you to talk about the content with your child and incorporate your values.

Under Texas statute, parents must choose to “opt-in” their child to participate in the lessons that address human growth and development, abuse, and violence prevention.

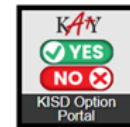
Below are the opt-in windows and the time frame when lessons will be taught:

**Parent Opt-In Window:** March 18<sup>th</sup>- March 31<sup>st</sup>

**Instruction Window:** April 15<sup>th</sup>- May 17<sup>th</sup>

Texas Health Skills for High School by Goodheart-Willcox is the Katy ISD Board of Trustees approved instructional resource. All lessons are aligned with the Texas Essential Knowledge and Skills (TEKS) and meet the requirements mandated by Texas Education Code 28.004 and Senate Bill 9. Parents can preview the health curriculum materials and resources on each individual campus by request.

Parents may opt their child in for instruction by logging in to MyKaty and selecting the KISD Option Portal icon. **The opt-in deadline is March 31, 2024.**



Please email [instructionalresources@katyisd.org](mailto:instructionalresources@katyisd.org) with any questions.

It is a priority for Katy ISD to partner with our families and community to create a safety net for our students.