

KATY INDEPENDENT SCHOOL DISTRICT  
Health Services Department

**Guidelines and Procedures  
For  
Independent Diabetes Monitoring and Treatment by a Student**

According to Section I. Chapter 168 of the Health and Safety Code, a student can independently check their blood sugar and take insulin during school hours or at a school related event, provided that certain criteria is met. In an effort to meet student needs and still maintain a safe environment with regard to accidental exposure to sharps or blood, the following procedures have been developed and incorporated into Administrative Regulation FFA (R) (Local).

- I. Upon receipt of a student's Diabetes Management and Treatment Plan, signed by the parent and physician treating the student's diabetes, a form titled *Parent Authorization for Diabetes Care at School*, and the student's Diabetes Management and Treatment Plan must be signed and on file with the school nurse before a student may begin self-monitoring and treatment of his/her diabetes.
- II. All required documentation will be on file in the student's Individual Health Folder in the school clinic, and must be renewed annually.
- III. Junior High and High School students who have submitted their Diabetes Management and Treatment Plan will be issued an I.D. card. The I.D. card is to remain with his/her supplies/equipment at all times while at school or a school related event. This card will identify the student, provide contact names/phone numbers in the event of an emergency; and inform school personnel that the student has permission to independently monitor and treat his/her diabetes. I.D. cards must be renewed annually.

Elementary teachers will be notified of those students in their class who will independently monitor and or treat their diabetes.

- IV. Students who do not demonstrate compliance with their Individual Health Plan will not be allowed to continue independent monitoring for the remainder of the school year. Students, who misuse supplies or equipment, creating a situation that may constitute a potential health or safety hazard or resulting in possible injury, may also be subject to disciplinary action as written in the Discipline Management Plan and Student Code of Conduct.
- V. In situations where the student becomes unable to manage his/her monitoring or treatment, assistance will be provided by one of the following employees: The school nurse; the trained Unlicensed Diabetes Care Assistant and/or the school nurse from a nearby campus assigned to assist in emergency situations.
- VI. The provision of all supplies, equipment and snack items is the responsibility of the parent and student. Snacks or a means for purchasing snack items should be available to the student at all times.

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## Parent Authorization for Diabetes Care at School

Information to Parents: The health and safety of each student is always of paramount importance to every KISD employee. The district is committed to providing a high level of care to meet the special medical needs of students. To help carryout that commitment, KISD ensures that a Licensed Nurse is assigned to each campus. The 79<sup>th</sup> Texas Legislature, through House Bill 984, amended the Health and Safety code to provide more specific requirements for the provision of diabetes management and care services to students in public schools who seek care for the student's diabetes while at school or at a school related event or activity. The school, in conjunction with the parent, will develop for each student who seeks care for diabetes at school an Individualized Health Plan that will specify the diabetes management and care services to students in public schools who seek care for the student's diabetes while at school or at a school related activity. Traditionally, the campus nurse has provided any medical care students might require at school. Under HB 984, each school also must train other employees to serve as Unlicensed Diabetes Care Assistants who can provide diabetes management and care services if a nurse is not available when a student needs such services. Such services include the administration of insulin or, in an emergency, glucagon. KISD has trained staff at each school to provide such services. HB 984 further specifies that an Unlicensed Diabetes Care Assistant exercises his or her judgment and discretion in providing diabetes care services and that nothing in the statute limits the immunity from liability afforded to employees under section 22.0511 of the Texas Education Code.

Under HB 984, an Unlicensed Diabetes Care Assistant may only administer diabetes care and management services if the student's parent/guardian authorizes an Unlicensed Diabetes Care Assistant to assist the student and confirms his or her understanding that an Unlicensed Diabetes Care Assistant is immune from liability for civil damages under section 22.0511 of the Texas Education Code.

Please check the appropriate boxes below to indicate your election whether to allow:

1. An Unlicensed Diabetes Care Assistant to provide services to your child;

2. Self-care; 3. Disclosure of your child's condition;

- YES**      Agreement for Services: I authorize an Unlicensed Diabetes Care Assistant to provide diabetes management and care services to my child at school. I understand that an Unlicensed Diabetes Care Assistant is immune from liability for civil damages under section 22.0511 of the Texas Education Code.
1.  **NO**      I DO NOT authorize an Unlicensed Diabetes Care Assistant to provide diabetes management and care services to my child at school.
2.  **YES**      I have reviewed the attached guidelines and procedures for Independent Diabetes Monitoring and Treatment by a Student; and feel that my child can manage his/her diabetes independently. I request that my child possess his/her supplies and equipment necessary for monitoring and caring for his/her diabetes during school hours or at a school related event or activity. I understand that the school district and employees are not liable for any adverse events that occur as a result of independent monitoring, treatment, and management of equipment, especially the handling, containment and disposal of sharps.
3.  **YES**      I request that my child's classmates be informed that my child has diabetes, and given age-appropriate instruction regarding diabetes care, so that they understand the importance of symptoms and the types of intervention that may occur in the classroom.

STUDENT NAME (Please Print)

SCHOOL

Signature of Parent/Legal Guardian

Date Signed

Original: School Nurse  
Copy: Activity Sponsor (if applicable)  
Copy: Campus 504 Coordinator (if applicable)

Health Services 2/2018