



RESPECT

5th Grade Family Connection

PurposeFULL
People

Overview

This month's focus is Respect. One way to think about Respect is "seeing value in all people and things & treating them with care." Many people feel Respected in different ways and we hope this month inspires discussions with your family about what Respect means to you and how you can practice it together!

Respect is 1 of 3 traits we will focus on throughout the year that helps students Be Kind. Throughout the school, students will be developing skills like perspective-taking, conflict resolution, and leadership.

In The Classroom

Leadership is how we influence others. It's a powerful way to positively impact the world around us. This month, 5th graders will build their leadership skills while practicing Respect.

Leadership skills we are building include:

- Positively influencing others through what we say and do
- Role modeling what it looks like to be a helpful member of the class or school

Another leadership skill we are focusing on is resolving conflict using the Tree of Choices. This is a simple tool to help us approach conflict in a healthy way, which shows good leadership and builds Empathy.

1. Identify the problem

2. Name your emotion

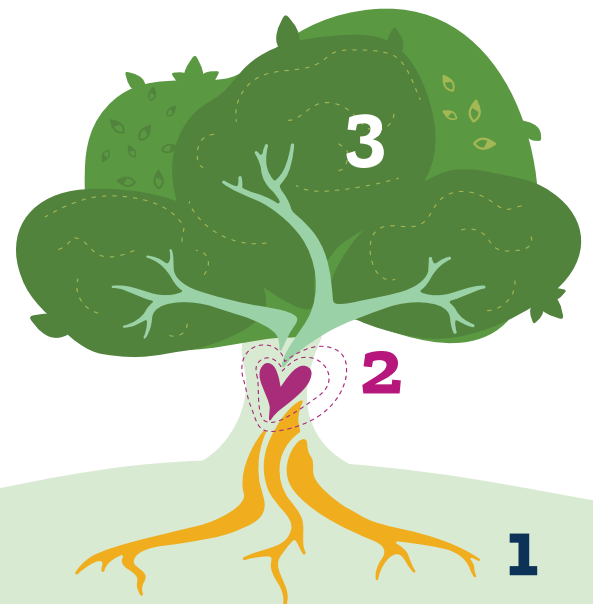
3. Make a choice:

- Move it out
- Talk it out
- Breathe it out

How can you encourage your student to practice leadership at home with other family members?

Conversation Starters

- What does Respect mean in your own words?
- As a leader, why do you think Respect is important?





RESPECT

PurposeFull Pursuits



PurposeFULL
People

Have some fun connecting as a family this month while practicing Respect. Here are 3 “PurposeFull Pursuits” for you to complete together. How many can you do this month?

Pursuit #1

A fun way to remind students to show Respect to others is to create a non-verbal cue. As a family, come up with a non-verbal way to cue your student to remember to show Respect to others. An example of this would be anytime you raise the “Respect Rooster” on your hand by closing the middle 2 fingers and bringing your pointer finger and pinky finger up, your student would be reminded to practice living out Respect.

Pursuit #2

Review Respect as a family! Remember that in our lessons we are teaching that Respect means to see value in people and things and treat them with care. Agree as a family to set aside a certain time each day this week to unplug from devices and plug into family time. It shows Respect to practice being present in the moment without the distractions that can come from technology. Debrief and discuss this challenge afterward and commit to this practice at least 1 day each week!



Pursuit #3

Find a time to sit in a circle together and celebrate all the ways you have seen each other practice Respect. Take turns sharing responses to the following prompts or make up your own! Remember to practice Respect as you listen to each other.

Celebration Prompts:



- What family member(s) do you want to celebrate for their Respect?
- Share 1 way you have demonstrated leadership.

