



#KATYStrong

Junior High School Athletics Start-Up Information

- August 19 - First day of instruction (Intermittent school to home & KVA):
 - One hour athletic period options include:
 1. Virtual during the instructional day OR;
 2. Before the start or at the end of the school day.
 - Maximum one hour of SSI (before or after school).
 - Maximum two hours of SAC (before or after school).
- September 4 – SAC/SSI sessions conclude.
- September 8 – 1st day of practice / Begin Acclimatization Period
 - Per UIL rule, time allowed for athletic periods shall be no more than 60 minutes per day or 300 minutes per week.
 - For in-season sports, before and after school practices, including meetings, will not exceed 8 hours during the school week.
 - Students opting for the Katy Virtual Academy (KVA) learning option may participate in an in-person athletic period before the start or at the end of the instructional day IF the students do not participate in the athletic period virtually during the instructional day.
 - Athletic periods via KVA are asynchronous courses and student participation before the start and at the end of the instructional school day will count as present for attendance.
 - In-season athletes enrolled in KVA are expected to attend in-person scheduled practice sessions before or after school in order to participate.

For questions, please contact the campus athletic coordinator at your child's campus or e-mail athletics@katyisd.org.