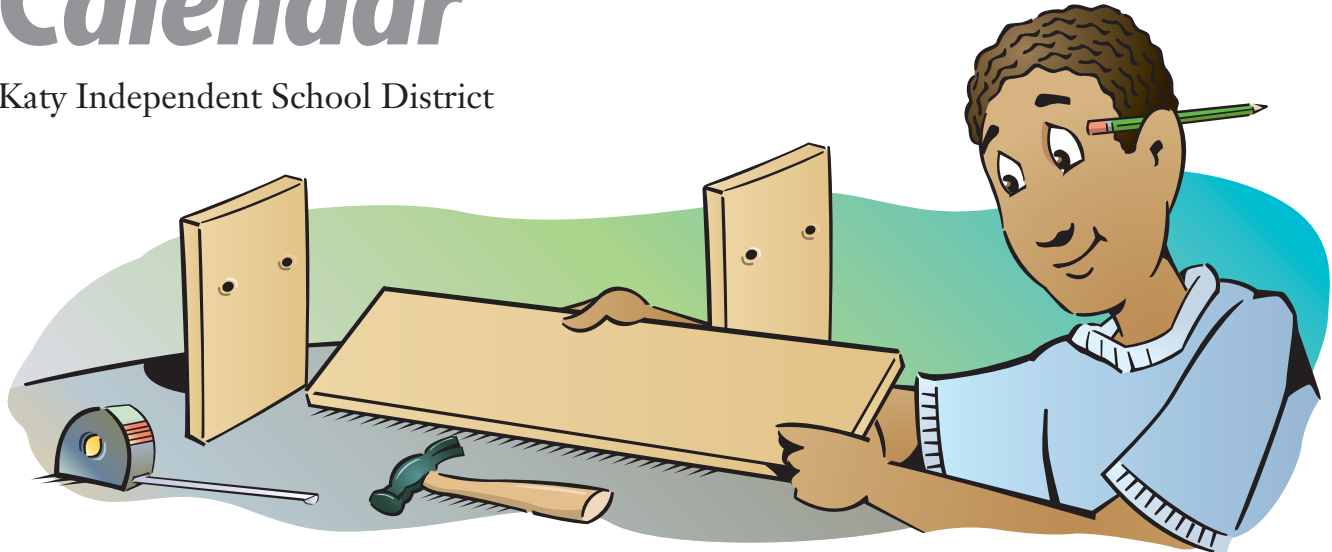


Parent Pointers

Calendar

Katy Independent School District



THE PARENT INSTITUTE®

Parent Pointers

Calendar

High School Parents
still make the difference!

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 Call the family of one of your teen's friends. Plan to do something together before school starts.	2 Visit the library with your teen. Check out two copies of a best-seller you can read & discuss.	3 Have a "Family Night In." Pop popcorn. Curl up with a book, a video or a game. Enjoy being together.	4 With your teen, estimate how many gallons of gas will fill the tank. Loser washes the windows.	5 Give your teen a budget and the responsibility for back-to-school shopping.	6 Have your teen start checking ads to see where he can get the best buys on school supplies.	7 Many extracurricular activities begin before classes. Have your teen check the school website for information.
8 Does your teen need immunizations before school? Make sure they are up to date.	9 Encourage your teen to check out a how-to book and learn a new skill.	10 Watch a TV show with your teen. Discuss how it does or does not reflect your family's moral values.	11 Many teens want to know more about their family's budget. Talk about finances with your teen.	12 Talk with your teen about a mistake you once made and what you learned from it.	13 Challenge your teen to keep an idea notebook. Jot down thoughts or ideas as they occur.	14 If it's hot, set up the sprinkler or the hose. You and your teen are not too old!
15 Do something active together as a family. Check your fitness goals from June.	16 Most high schools start early in the morning. Help your teen get readjusted to a new sleep schedule.	17 If your teen overreacts, it's important for you not to. Set a time to talk later when you both are in control.	18 Go to a store with a large magazine section. Let your teen choose one new magazine and buy it.	19 Teens have lots of ideas they need to sort out. Buy a journal and encourage her to use it.	20 During the summer, school friends may lose touch. Invite your teen's friends over to watch a video.	21 Prepare a recipe for an ethnic food with your child. Talk to each other while you cook.
22 Take a trip with a travel book. You can circle the globe without leaving home.	23 Suggest a wide time frame for completing chores. Let your teen decide when she'll do them.	24 Have your teen think about taking a risk this next school year—trying out for a team, a tough class.	25 Put your teen in charge of the next family birthday celebration.	26 Try not to do things for your teen if he can do them himself.	27 Model respect in your family. Don't tolerate name calling, put-downs or insults from any family member.	28 Tune to a radio station neither you nor your teen listens to. Discuss what you hear.
29 Pack a picnic lunch. Take along a newspaper and enjoy some time with your teen.	30 Tell your teen you love her. Better yet, write her a note.	31 Have each member of the family write down the best thing about summer 2010.	<h1>August 2010</h1>			