

# Katy ISD

## Mar 1, 2010 thru Mar 5, 2010 Spreadsheet - Weighted Values Secondary Sandwich Line

	Portion Size	Cals	Mg Iron	Mg Calc	IU Vit-A	Mg Vit-C	G Carb	G T-Fat	G S-Fat
Mon - 03/01/2010									
Secondary Sandwich Line	Total								
Cheeseburger, Sec	1 each	33	0.25	8.50	138	0.00	2.31	1.65	0.66
Hamburger, Sec	1 each	30	0.25	0.86	0	0.00	2.25	1.45	0.53
Chicken Pattie on Bun	1 each	32	0.22	0.00	0	0.00	3.17	1.58	0.33
Spicy Chicken Pattie/Bun	1 each	30	0.28	1.67	62	0.00	3.25	1.08	0.17
Hot Dog on Bun	2 each	37	0.36	6.67	17	0.20	4.00	1.25	0.33
Peanut Butter & Jelly Sandwich	sandwich	43	0.24	1.38	0	0.03	6.57	1.52	0.28
Turkey Ham & Cheese Melt, CF	1 each	26	0.18	17.50	33	0.05	2.69	0.96	0.47
Turkey and Cheese Hoagie	1 each	36	0.30	15.66	277	0.27	4.90	0.98	0.41
Cold Cut Combo	1 each	28	0.15	17.50	33	0.05	2.82	1.12	0.49
Popcorn Chicken, FF1	5 oz.	14	0.12	1.77	5	0.24	1.42	0.53	0.06
Chef Salad - Chicken Fajita	1 each	18	0.22	13.49	592	3.56	1.18	0.53	0.20
Chef Salad-Popcorn Chix	1 each	17	0.25	17.36	1341	5.51	2.01	0.52	0.16
SALAD DRESSING, Assorted	1 each	14	0.00	1.67	4	0.00	1.04	1.06	0.17
Baby Carrots	1.3ounce servi	20	0.07	9.46	2769	0.55	3.38	0.00	0.00
Dressing/Dip	1 each	33	0.00	0.00	0	0.00	4.01	1.75	0.25
Sandwich Line Chip	1 each	48	0.12	9.89	107	0.55	9.01	1.00	0.00
Chocolate Graham Cookies	1 each	55	0.72	10.00	150	1.80	10.00	1.50	0.50
Fresh Fruit Choice, Whole	1 each	25	0.06	5.84	41	7.52	6.37	0.08	0.02
Apple Juice, 6 oz.	1 each	30	0.17	3.70	24	0.37	7.33	0.00	0.00
Orange Juice, 6 oz.	1 each	27	0.00	50.00	33	24.00	6.67	0.00	0.00
Condiment - Sec	1 each	89	0.36	20.00	1400	0.00	22.48	0.22	0.04
Salad Dressing, Pkt. FF	packet	10	0.00	0.00	0	0.00	3.00	0.00	0.00
PICKLES, DILL	.325 EACH	3	0.08	8.87	39	0.17	0.55	0.03	0.01
Sweet & Sour Sauce	1 ounce	19	0.14	4.43	46	2.04	4.59	0.03	0.01
BBQ Sauce, pc	1 each	42	0.18	10.00	50	1.80	11.00	0.00	0.00
Milk, Fat Free Chocolate	1 cup	50	0.12	83.33	167	0.00	9.33	0.00	0.00
MILK, 1% White	1 cup	33	0.00	100.00	167	0.80	4.00	0.83	0.50
Milk, Strawberry 1%	1 each	53	0.00	100.00	167	0.80	9.00	0.83	0.50
Weighted Daily Average		891	4.85	519.55	7662	50.30	148.32	20.51	6.09
% of Calories							66.6%	20.7%	6.1%

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## Mar 1, 2010 thru Mar 5, 2010 Spreadsheet - Weighted Values Secondary Sandwich Line

	Portion Size	Cals	Mg Iron	Mg Calc	IU Vit-A	Mg Vit-C	G Carb	G T-Fat	G S-Fat
Tue - 03/02/2010									
Secondary Sandwich Line	Total								
Cheeseburger, Sec	1 each	33	0.25	8.50	138	0.00	2.31	1.65	0.66
Hamburger, Sec	1 each	30	0.25	0.86	0	0.00	2.25	1.45	0.53
Chicken Pattie on Bun	1 each	32	0.22	0.00	0	0.00	3.17	1.58	0.33
Spicy Chicken Pattie/Bun	1 each	30	0.28	1.67	62	0.00	3.25	1.08	0.17
Hot Dog on Bun	2 each	37	0.36	6.67	17	0.20	4.00	1.25	0.33
Peanut Butter & Jelly Sandwich	sandwich	43	0.24	1.38	0	0.03	6.57	1.52	0.28
Turkey Ham & Cheese Melt, CF	1 each	26	0.18	17.50	33	0.05	2.69	0.96	0.47
Turkey and Cheese Hoagie	1 each	36	0.30	15.66	277	0.27	4.90	0.98	0.41
Cold Cut Combo	1 each	28	0.15	17.50	33	0.05	2.82	1.12	0.49
Popcorn Chicken, FF1	5 oz.	14	0.12	1.77	5	0.24	1.42	0.53	0.06
Chef Salad - Chicken Fajita	1 each	18	0.22	13.49	592	3.56	1.18	0.53	0.20
Chef Salad-Popcorn Chix	1 each	17	0.25	17.36	1341	5.51	2.01	0.52	0.16
SALAD DRESSING,Assorted	1 each	14	0.00	1.67	4	0.00	1.04	1.06	0.17
Baby Carrots	1.3ounce servi	20	0.07	9.46	2769	0.55	3.38	0.00	0.00
Dressing/Dip	1 each	33	0.00	0.00	0	0.00	4.01	1.75	0.25
Sandwich Line Chip	1 each	48	0.12	9.89	107	0.55	9.01	1.00	0.00
Chocolate Graham Cookies	1 each	55	0.72	10.00	150	1.80	10.00	1.50	0.50
Fresh Fruit Choice, Whole	1 each	25	0.06	5.84	41	7.52	6.37	0.08	0.02
Apple Juice, 6 oz.	1 each	30	0.17	3.70	24	0.37	7.33	0.00	0.00
Orange Juice, 6 oz.	1 each	27	0.00	50.00	33	24.00	6.67	0.00	0.00
Condiment - Sec	1 each	89	0.36	20.00	1400	0.00	22.48	0.22	0.04
Salad Dressing, Pkt. FF	packet	10	0.00	0.00	0	0.00	3.00	0.00	0.00
PICKLES,DILL	.325 EACH	3	0.08	8.87	39	0.17	0.55	0.03	0.01
Sweet & Sour Sauce	1 ounce	19	0.14	4.43	46	2.04	4.59	0.03	0.01
BBQ Sauce, pc	1 each	42	0.18	10.00	50	1.80	11.00	0.00	0.00
Milk, Fat Free Chocolate	1 cup	50	0.12	83.33	167	0.00	9.33	0.00	0.00
MILK,1% White	1 cup	33	0.00	100.00	167	0.80	4.00	0.83	0.50
Milk, Strawberry 1%	1 each	53	0.00	100.00	167	0.80	9.00	0.83	0.50
Weighted Daily Average		891	4.85	519.55	7662	50.30	148.32	20.51	6.09
% of Calories							66.6%	20.7%	6.1%

# Katy ISD

	Portion Size	Cals	Mg Iron	Mg Calc	IU Vit-A	Mg Vit-C	G Carb	G T-Fat	G S-Fat
Wed - 03/03/2010									
Secondary Sandwich Line	Total								
Cheeseburger, Sec	1 each	33	0.25	8.50	138	0.00	2.31	1.65	0.66
Hamburger, Sec	1 each	30	0.25	0.86	0	0.00	2.25	1.45	0.53
Chicken Pattie on Bun	1 each	32	0.22	0.00	0	0.00	3.17	1.58	0.33
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Hot Dog on Bun	2 each	37	0.36	6.67	17	0.20	4.00	1.25	0.33
Peanut Butter & Jelly Sandwich	sandwich	43	0.24	1.38	0	0.03	6.57	1.52	0.28
Turkey Ham & Cheese Melt, CF	1 each	26	0.18	17.50	33	0.05	2.69	0.96	0.47
Turkey and Cheese Hoagie	1 each	36	0.30	15.66	277	0.27	4.90	0.98	0.41
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Chef Salad - Chicken Fajita	1 each	18	0.22	13.49	592	3.56	1.18	0.53	0.20
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Baby Carrots	1.3ounce servi	20	0.07	9.46	2769	0.55	3.38	0.00	0.00
Dressing/Dip	1 each	33	0.00	0.00	0	0.00	4.01	1.75	0.25
Sandwich Line Chip	1 each	48	0.12	9.89	107	0.55	9.01	1.00	0.00
Chocolate Graham Cookies	1 each	55	0.72	10.00	150	1.80	10.00	1.50	0.50
Fresh Fruit Choice, Whole	1 each	25	0.06	5.84	41	7.52	6.37	0.08	0.02
Apple Juice, 6 oz.	1 each	30	0.17	3.70	24	0.37	7.33	0.00	0.00
Orange Juice, 6 oz.	1 each	27	0.00	50.00	33	24.00	6.67	0.00	0.00
Condiment - Sec	1 each	89	0.36	20.00	1400	0.00	22.48	0.22	0.04
Salad Dressing, Pkt. FF	packet	10	0.00	0.00	0	0.00	3.00	0.00	0.00
PICKLES, DILL	.325 EACH	3	0.08	8.87	39	0.17	0.55	0.03	0.01
Sweet & Sour Sauce	1 ounce	19	0.14	4.43	46	2.04	4.59	0.03	0.01
BBQ Sauce, pc	1 each	42	0.18	10.00	50	1.80	11.00	0.00	0.00
Milk, Fat Free Chocolate	1 cup	50	0.12	83.33	167	0.00	9.33	0.00	0.00
MILK, 1% White	1 cup	33	0.00	100.00	167	0.80	4.00	0.83	0.50
Milk, Strawberry 1%	1 each	53	0.00	100.00	167	0.80	9.00	0.83	0.50
Weighted Daily Average		891	4.85	519.55	7662	50.30	148.32	20.51	6.09
% of Calories							66.6%	20.7%	6.1%

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	Portion Size	Cals	Mg Iron	Mg Calc	IU Vit-A	Mg Vit-C	G Carb	G T-Fat	G S-Fat
Thu - 03/04/2010									
Secondary Sandwich Line	Total								
Cheeseburger, Sec	1 each	33	0.25	8.50	138	0.00	2.31	1.65	0.66
Hamburger, Sec	1 each	30	0.25	0.86	0	0.00	2.25	1.45	0.53
Chicken Pattie on Bun	1 each	32	0.22	0.00	0	0.00	3.17	1.58	0.33
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Chef Salad - Chicken Fajita	1 each	18	0.22	13.49	592	3.56	1.18	0.53	0.20
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Baby Carrots	1.3ounce servi	20	0.07	9.46	2769	0.55	3.38	0.00	0.00
Dressing/Dip	1 each	33	0.00	0.00	0	0.00	4.01	1.75	0.25
Sandwich Line Chip	1 each	48	0.12	9.89	107	0.55	9.01	1.00	0.00
Chocolate Graham Cookies	1 each	55	0.72	10.00	150	1.80	10.00	1.50	0.50
Fresh Fruit Choice, Whole	1 each	25	0.06	5.84	41	7.52	6.37	0.08	0.02
Apple Juice, 6 oz.	1 each	30	0.17	3.70	24	0.37	7.33	0.00	0.00
Orange Juice, 6 oz.	1 each	27	0.00	50.00	33	24.00	6.67	0.00	0.00
Condiment - Sec	1 each	89	0.36	20.00	1400	0.00	22.48	0.22	0.04
Salad Dressing, Pkt. FF	packet	10	0.00	0.00	0	0.00	3.00	0.00	0.00
PICKLES, DILL	.325 EACH	3	0.08	8.87	39	0.17	0.55	0.03	0.01
Sweet & Sour Sauce	1 ounce	19	0.14	4.43	46	2.04	4.59	0.03	0.01
BBQ Sauce, pc	1 each	42	0.18	10.00	50	1.80	11.00	0.00	0.00
Milk, Fat Free Chocolate	1 cup	50	0.12	83.33	167	0.00	9.33	0.00	0.00
MILK, 1% White	1 cup	33	0.00	100.00	167	0.80	4.00	0.83	0.50
Milk, Strawberry 1%	1 each	53	0.00	100.00	167	0.80	9.00	0.83	0.50
Weighted Daily Average		891	4.85	519.55	7662	50.30	148.32	20.51	6.09
% of Calories							66.6%	20.7%	6.1%

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Fri - 03/05/2010									
Secondary Sandwich Line	Total								
Cheeseburger, Sec	1 each	33	0.25	8.50	138	0.00	2.31	1.65	0.66
Hamburger, Sec	1 each	30	0.25	0.86	0	0.00	2.25	1.45	0.53
Chicken Pattie on Bun	1 each	32	0.22	0.00	0	0.00	3.17	1.58	0.33
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Dressing/Dip	1 each	33	0.00	0.00	0	0.00	4.01	1.75	0.25
Sandwich Line Chip	1 each	48	0.12	9.89	107	0.55	9.01	1.00	0.00
Chocolate Graham Cookies	1 each	55	0.72	10.00	150	1.80	10.00	1.50	0.50
Fresh Fruit Choice, Whole	1 each	25	0.06	5.84	41	7.52	6.37	0.08	0.02
Apple Juice, 6 oz.	1 each	30	0.17	3.70	24	0.37	7.33	0.00	0.00
Orange Juice, 6 oz.	1 each	27	0.00	50.00	33	24.00	6.67	0.00	0.00
Condiment - Sec	1 each	89	0.36	20.00	1400	0.00	22.48	0.22	0.04
Salad Dressing, Pkt. FF	packet	10	0.00	0.00	0	0.00	3.00	0.00	0.00
PICKLES,DILL	.325 EACH	3	0.08	8.87	39	0.17	0.55	0.03	0.01
Sweet & Sour Sauce	1 ounce	19	0.14	4.43	46	2.04	4.59	0.03	0.01
BBQ Sauce, pc	1 each	42	0.18	10.00	50	1.80	11.00	0.00	0.00
Milk, Fat Free Chocolate	1 cup	50	0.12	83.33	167	0.00	9.33	0.00	0.00
MILK,1% White	1 cup	33	0.00	100.00	167	0.80	4.00	0.83	0.50
Milk, Strawberry 1%	1 each	53	0.00	100.00	167	0.80	9.00	0.83	0.50
Weighted Daily Average		891	4.85	519.55	7662	50.30	148.32	20.51	6.09
% of Calories							66.6%	20.7%	6.1%

Weighted Average		891	4.85	519.55	7662	50.30	148.32	20.51	6.09
							66.6%	20.7%	6.1%

Nutrient	Menu AVG	% of Cals	Target	% of Target	Miss Data	Shortfall	Error Messages (if any)
Calories	891		825	108%			
Iron (Mg)	4.85		4.50	108%			
Calcium (Mg)	519.55		400.00	130%			
Vitamin A (IU)	7662		1500	511%			
Vitamin C (Mg)	50.30		18.35	274%			
Carbohydrate (G)	148.32	66.60%	0.00				
Total Fat (G)	20.51	20.72%	<30.00				
Saturated Fat (G)	6.09	6.15%	<10.00				