

Katy ISD

	Portion Size	Cals	Mg Iron	Mg Calcm	IU Vit-A	Mg Vit-C	G Carb	G T-Fat	G S-Fat
Mon - 10/05/2009									
Secondary Sandwich Line	Total								
Cheeseburger, Sec	1 each	394	3.05	102.02	1656	0.00	27.71	19.80	7.96
Hamburger, Sec	1 each	356	3.01	10.31	0	0.00	27.00	17.39	6.40
Chicken Pattie on Bun	1 each	380	2.70	0.00	0	0.00	38.00	19.00	4.00
Spicy Chicken Pattie/Bun	1 each	360	3.42	20.00	750	0.00	39.00	13.00	2.00
Hot Dog on Bun	2 each	440	4.32	240.00	0	0.00	56.00	15.00	4.00
Peanut Butter & Jelly Sandwich	sandwich	511	2.84	16.53	2	0.34	78.89	18.26	3.32
Turkey Ham & Cheese Melt, CF	1 each	315	2.16	210.00	400	0.60	32.24	11.50	5.60
Turkey and Cheese Hoagie	1 each	434	3.60	187.96	3330	3.23	58.80	11.76	4.89
Cold Cut Combo	1 each	331	1.80	210.00	400	0.60	33.90	13.40	5.90
Popcorn Chicken, FF1	5 oz.	174	1.42	21.22	57	2.84	17.01	6.38	0.70
Chef Salad - Chicken Fajita	1 each	210	2.68	161.86	7101	42.76	14.21	6.36	2.45
Chef Salad-Popcorn Chix	1 each	195	2.45	174.59	7101	42.76	22.42	6.18	1.88
SALAD DRESSING, Assorted	1 each	81	0.00	10.00	25	0.00	6.25	6.38	1.00
Baby Carrots	1.3ounce servi	20	0.07	9.46	2769	0.55	3.38	0.00	0.00
Dressing/Dip	1 each	33	0.00	0.00	0	0.00	4.01	1.75	0.25
Sandwich Line Chip	1 each	95	0.24	19.78	214	1.10	18.02	2.00	0.00
Fresh Fruit Choice, Whole	1 each	74	0.19	17.53	122	22.56	19.10	0.25	0.06
Condiment - Sec	1 each	69	0.36	20.00	1400	0.00	18.48	0.22	0.04
Salad Dressing, Pkt. FF	packet	10	0.00	0.00	0	0.00	3.00	0.00	0.00
PICKLES, DILL	.325 EACH	3	0.08	8.87	39	0.17	0.55	0.03	0.01
Sweet & Sour Sauce	1 ounce	27	0.15	3.69	0	0.00	6.57	0.01	0.00
BBQ Sauce, pc	1 each	42	0.18	10.00	50	1.80	11.00	0.00	0.00
Milk, Fat Free Chocolate	1 cup	150	0.36	250.00	500	0.00	28.00	0.00	0.00
MILK, 1% White	1 cup	100	0.00	300.00	500	2.40	12.00	2.50	1.50
Milk, Strawberry 1%	1 each	160	0.00	300.00	500	2.40	27.00	2.50	1.50
Weighted Daily Average		863	4.17	487.20	6831	35.54	144.58	20.16	5.62
% of Calories							67.0%	21.0%	5.9%

Katy ISD

	Portion Size	Cals	Mg Iron	Mg Calcm	IU Vit-A	Mg Vit-C	G Carb	G T-Fat	G S-Fat
Tue - 10/06/2009									
Secondary Sandwich Line	Total								
Cheeseburger, Sec	1 each	394	3.05	102.02	1656	0.00	27.71	19.80	7.96
Hamburger, Sec	1 each	356	3.01	10.31	0	0.00	27.00	17.39	6.40
Chicken Pattie on Bun	1 each	380	2.70	0.00	0	0.00	38.00	19.00	4.00
Spicy Chicken Pattie/Bun	1 each	360	3.42	20.00	750	0.00	39.00	13.00	2.00
Hot Dog on Bun	2 each	440	4.32	240.00	0	0.00	56.00	15.00	4.00
Peanut Butter & Jelly Sandwich	sandwich	511	2.84	16.53	2	0.34	78.89	18.26	3.32
Turkey Ham & Cheese Melt, CF	1 each	315	2.16	210.00	400	0.60	32.24	11.50	5.60
Turkey and Cheese Hoagie	1 each	434	3.60	187.96	3330	3.23	58.80	11.76	4.89
Cold Cut Combo	1 each	331	1.80	210.00	400	0.60	33.90	13.40	5.90
Popcorn Chicken, FF1	5 oz.	174	1.42	21.22	57	2.84	17.01	6.38	0.70
Chef Salad - Chicken Fajita	1 each	210	2.68	161.86	7101	42.76	14.21	6.36	2.45
Chef Salad-Popcorn Chix	1 each	195	2.45	174.59	7101	42.76	22.42	6.18	1.88
SALAD DRESSING, Assorted	1 each	81	0.00	10.00	25	0.00	6.25	6.38	1.00
Baby Carrots	1.3ounce servi	20	0.07	9.46	2769	0.55	3.38	0.00	0.00
Dressing/Dip	1 each	33	0.00	0.00	0	0.00	4.01	1.75	0.25
Sandwich Line Chip	1 each	95	0.24	19.78	214	1.10	18.02	2.00	0.00
Fresh Fruit Choice, Whole	1 each	74	0.19	17.53	122	22.56	19.10	0.25	0.06
Condiment - Sec	1 each	69	0.36	20.00	1400	0.00	18.48	0.22	0.04
Salad Dressing, Pkt. FF	packet	10	0.00	0.00	0	0.00	3.00	0.00	0.00
PICKLES, DILL	.325 EACH	3	0.08	8.87	39	0.17	0.55	0.03	0.01
Sweet & Sour Sauce	1 ounce	27	0.15	3.69	0	0.00	6.57	0.01	0.00
BBQ Sauce, pc	1 each	42	0.18	10.00	50	1.80	11.00	0.00	0.00
Milk, Fat Free Chocolate	1 cup	150	0.36	250.00	500	0.00	28.00	0.00	0.00
MILK, 1% White	1 cup	100	0.00	300.00	500	2.40	12.00	2.50	1.50
Milk, Strawberry 1%	1 each	160	0.00	300.00	500	2.40	27.00	2.50	1.50
Weighted Daily Average		863	4.17	487.20	6831	35.54	144.58	20.16	5.62
% of Calories							67.0%	21.0%	5.9%

Katy ISD

	Portion Size	Cals	Mg Iron	Mg Calcm	IU Vit-A	Mg Vit-C	G Carb	G T-Fat	G S-Fat
Wed - 10/07/2009									
Secondary Sandwich Line	Total								
Cheeseburger, Sec	1 each	394	3.05	102.02	1656	0.00	27.71	19.80	7.96
Hamburger, Sec	1 each	356	3.01	10.31	0	0.00	27.00	17.39	6.40
Chicken Pattie on Bun	1 each	380	2.70	0.00	0	0.00	38.00	19.00	4.00
Spicy Chicken Pattie/Bun	1 each	360	3.42	20.00	750	0.00	39.00	13.00	2.00
Hot Dog on Bun	2 each	440	4.32	240.00	0	0.00	56.00	15.00	4.00
Peanut Butter & Jelly Sandwich	sandwich	511	2.84	16.53	2	0.34	78.89	18.26	3.32
Turkey Ham & Cheese Melt, CF	1 each	315	2.16	210.00	400	0.60	32.24	11.50	5.60
Turkey and Cheese Hoagie	1 each	434	3.60	187.96	3330	3.23	58.80	11.76	4.89
Cold Cut Combo	1 each	331	1.80	210.00	400	0.60	33.90	13.40	5.90
Popcorn Chicken, FF1	5 oz.	174	1.42	21.22	57	2.84	17.01	6.38	0.70
Chef Salad - Chicken Fajita	1 each	210	2.68	161.86	7101	42.76	14.21	6.36	2.45
Chef Salad-Popcorn Chix	1 each	195	2.45	174.59	7101	42.76	22.42	6.18	1.88
SALAD DRESSING, Assorted	1 each	81	0.00	10.00	25	0.00	6.25	6.38	1.00
Baby Carrots	1.3ounce servi	20	0.07	9.46	2769	0.55	3.38	0.00	0.00
Dressing/Dip	1 each	33	0.00	0.00	0	0.00	4.01	1.75	0.25
Sandwich Line Chip	1 each	95	0.24	19.78	214	1.10	18.02	2.00	0.00
Fresh Fruit Choice, Whole	1 each	74	0.19	17.53	122	22.56	19.10	0.25	0.06
Condiment - Sec	1 each	69	0.36	20.00	1400	0.00	18.48	0.22	0.04
Salad Dressing, Pkt. FF	packet	10	0.00	0.00	0	0.00	3.00	0.00	0.00
PICKLES, DILL	.325 EACH	3	0.08	8.87	39	0.17	0.55	0.03	0.01
Sweet & Sour Sauce	1 ounce	27	0.15	3.69	0	0.00	6.57	0.01	0.00
BBQ Sauce, pc	1 each	42	0.18	10.00	50	1.80	11.00	0.00	0.00
Milk, Fat Free Chocolate	1 cup	150	0.36	250.00	500	0.00	28.00	0.00	0.00
MILK, 1% White	1 cup	100	0.00	300.00	500	2.40	12.00	2.50	1.50
Milk, Strawberry 1%	1 each	160	0.00	300.00	500	2.40	27.00	2.50	1.50
Weighted Daily Average		863	4.17	487.20	6831	35.54	144.58	20.16	5.62
% of Calories							67.0%	21.0%	5.9%

Katy ISD

Oct 5, 2009 thru Oct 9, 2009 Spreadsheet - Portion Values Secondary Sandwich Line

	Portion Size	Cals	Mg Iron	Mg Calcm	IU Vit-A	Mg Vit-C	G Carb	G T-Fat	G S-Fat
Thu - 10/08/2009									
Secondary Sandwich Line	Total								
Cheeseburger, Sec	1 each	394	3.05	102.02	1656	0.00	27.71	19.80	7.96
Hamburger, Sec	1 each	356	3.01	10.31	0	0.00	27.00	17.39	6.40
Chicken Pattie on Bun	1 each	380	2.70	0.00	0	0.00	38.00	19.00	4.00
Spicy Chicken Pattie/Bun	1 each	360	3.42	20.00	750	0.00	39.00	13.00	2.00
Hot Dog on Bun	2 each	440	4.32	240.00	0	0.00	56.00	15.00	4.00
Peanut Butter & Jelly Sandwich	sandwich	511	2.84	16.53	2	0.34	78.89	18.26	3.32
Turkey Ham & Cheese Melt, CF	1 each	315	2.16	210.00	400	0.60	32.24	11.50	5.60
Turkey and Cheese Hoagie	1 each	434	3.60	187.96	3330	3.23	58.80	11.76	4.89
Cold Cut Combo	1 each	331	1.80	210.00	400	0.60	33.90	13.40	5.90
Popcorn Chicken, FF1	5 oz.	174	1.42	21.22	57	2.84	17.01	6.38	0.70
Chef Salad - Chicken Fajita	1 each	210	2.68	161.86	7101	42.76	14.21	6.36	2.45
Chef Salad-Popcorn Chix	1 each	195	2.45	174.59	7101	42.76	22.42	6.18	1.88
SALAD DRESSING, Assorted	1 each	81	0.00	10.00	25	0.00	6.25	6.38	1.00
Baby Carrots	1.3ounce servi	20	0.07	9.46	2769	0.55	3.38	0.00	0.00
Dressing/Dip	1 each	33	0.00	0.00	0	0.00	4.01	1.75	0.25
Sandwich Line Chip	1 each	95	0.24	19.78	214	1.10	18.02	2.00	0.00
Fresh Fruit Choice, Whole	1 each	74	0.19	17.53	122	22.56	19.10	0.25	0.06
Condiment - Sec	1 each	69	0.36	20.00	1400	0.00	18.48	0.22	0.04
Salad Dressing, Pkt. FF	packet	10	0.00	0.00	0	0.00	3.00	0.00	0.00
PICKLES, DILL	.325 EACH	3	0.08	8.87	39	0.17	0.55	0.03	0.01
Sweet & Sour Sauce	1 ounce	27	0.15	3.69	0	0.00	6.57	0.01	0.00
BBQ Sauce, pc	1 each	42	0.18	10.00	50	1.80	11.00	0.00	0.00
Milk, Fat Free Chocolate	1 cup	150	0.36	250.00	500	0.00	28.00	0.00	0.00
MILK, 1% White	1 cup	100	0.00	300.00	500	2.40	12.00	2.50	1.50
Milk, Strawberry 1%	1 each	160	0.00	300.00	500	2.40	27.00	2.50	1.50
Weighted Daily Average		863	4.17	487.20	6831	35.54	144.58	20.16	5.62
% of Calories							67.0%	21.0%	5.9%

Katy ISD

	Portion Size	Cals	Mg Iron	Mg Calc	IU Vit-A	Mg Vit-C	G Carb	G T-Fat	G S-Fat
Fri - 10/09/2009									
Secondary Sandwich Line	Total								
Cheeseburger, Sec	1 each	394	3.05	102.02	1656	0.00	27.71	19.80	7.96
Hamburger, Sec	1 each	356	3.01	10.31	0	0.00	27.00	17.39	6.40
Chicken Pattie on Bun	1 each	380	2.70	0.00	0	0.00	38.00	19.00	4.00
Spicy Chicken Pattie/Bun	1 each	360	3.42	20.00	750	0.00	39.00	13.00	2.00
Hot Dog on Bun	2 each	440	4.32	240.00	0	0.00	56.00	15.00	4.00
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SALAD DRESSING, Assorted	1 each	81	0.00	10.00	25	0.00	6.25	6.38	1.00
Baby Carrots	1.3ounce servi	20	0.07	9.46	2769	0.55	3.38	0.00	0.00
Dressing/Dip	1 each	33	0.00	0.00	0	0.00	4.01	1.75	0.25
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Fresh Fruit Choice, Whole	1 each	74	0.19	17.53	122	22.56	19.10	0.25	0.06
Condiment - Sec	1 each	69	0.36	20.00	1400	0.00	18.48	0.22	0.04
Salad Dressing, Pkt. FF	packet	10	0.00	0.00	0	0.00	3.00	0.00	0.00
PICKLES, DILL	.325 EACH	3	0.08	8.87	39	0.17	0.55	0.03	0.01
Sweet & Sour Sauce	1 ounce	27	0.15	3.69	0	0.00	6.57	0.01	0.00
BBQ Sauce, pc	1 each	42	0.18	10.00	50	1.80	11.00	0.00	0.00
Milk, Fat Free Chocolate	1 cup	150	0.36	250.00	500	0.00	28.00	0.00	0.00
MILK, 1% White	1 cup	100	0.00	300.00	500	2.40	12.00	2.50	1.50
Milk, Strawberry 1%	1 each	160	0.00	300.00	500	2.40	27.00	2.50	1.50
Weighted Daily Average		863	4.17	487.20	6831	35.54	144.58	20.16	5.62
% of Calories							67.0%	21.0%	5.9%

Weighted Average		863	4.17	487.20	6831	35.54	144.58	20.16	5.62
							67.0%	21.0%	5.9%

Nutrient	Menu AVG	% of Cals	Target	% of Target	Miss Data	Shortfall	Error Messages (if any)
Calories	863		825	105%			
Iron (Mg)	4.17		4.50	93%		0.33	Correction Required - Iron is Low
Calcium (Mg)	487.20		400.00	122%			
Vitamin A (IU)	6831		1500	455%			
Vitamin C (Mg)	35.54		18.35	194%			
Carbohydrate (G)	144.58	66.99%	0.00				
Total Fat (G)	20.16	21.01%	<30.00				
Saturated Fat (G)	5.62	5.86%	<10.00				