

Katy ISD

Oct 5, 2009 thru Oct 9, 2009 Spreadsheet - Portion Values Secondary Pizza Line

	Portion Size	Cals	Mg Iron	Mg Calcm	IU Vit-A	Mg Vit-C	G Carb	G T-Fat	G S-Fat
Mon - 10/05/2009									
Secondary Pizza Line	Total								
Pizza Sticks, Tony's	2 each	400	4.20	180.00	220	0.00	56.00	10.00	4.00
Stuffed Crust WPepperoni Pizza	1 each	390	5.40	300.00	750	0.00	45.00	16.00	5.00
Chicken Pizza Quesadilla	1 each	290	2.70	200.00	400	0.00	40.00	8.00	2.00
Pan Cheese Pizza - Sec	1 each	400	3.00	347.00	319	0.00	48.00	14.00	6.00
Pan Pepperoni Pizza	1 each	430	3.07	347.00	319	0.00	48.00	16.60	7.00
Twisted Stix	2 each	480	5.40	300.00	200	0.00	64.00	16.00	5.00
Baby Carrots	1.3ounce servi	20	0.07	9.46	2769	0.55	3.38	0.00	0.00
Dressing/Dip	1 each	33	0.00	0.00	0	0.00	4.01	1.75	0.25
Pizza Meal Goldfish Variety	1 each	97	0.96	13.33	0	0.00	15.00	2.50	0.67
Fresh Fruit Choice, Whole	1 each	74	0.19	17.53	122	22.56	19.10	0.25	0.06
Condiment - Sec	1 each	69	0.36	20.00	1400	0.00	18.48	0.22	0.04
Salad Dressing, Pkt. FF	packet	10	0.00	0.00	0	0.00	3.00	0.00	0.00
Marinara Sauce Cup	1 each	25	0.00	0.00	0	0.00	6.00	0.00	0.00
Milk, Fat Free Chocolate	1 cup	150	0.36	250.00	500	0.00	28.00	0.00	0.00
MILK,1% White	1 cup	100	0.00	300.00	500	2.40	12.00	2.50	1.50
Milk, Strawberry 1%	1 each	160	0.00	300.00	500	2.40	27.00	2.50	1.50
Weighted Daily Average		845	5.66	622.65	5159	24.71	139.46	18.94	6.73
% of Calories							66.0%	20.2%	7.2%

Tue - 10/06/2009									
Secondary Pizza Line	Total								
Pizza Sticks, Tony's	2 each	400	4.20	180.00	220	0.00	56.00	10.00	4.00
Stuffed Crust WPepperoni Pizza	1 each	390	5.40	300.00	750	0.00	45.00	16.00	5.00
Chicken Pizza Quesadilla	1 each	290	2.70	200.00	400	0.00	40.00	8.00	2.00
Pan Cheese Pizza - Sec	1 each	400	3.00	347.00	319	0.00	48.00	14.00	6.00
Pan Pepperoni Pizza	1 each	430	3.07	347.00	319	0.00	48.00	16.60	7.00
Twisted Stix	2 each	480	5.40	300.00	200	0.00	64.00	16.00	5.00
Baby Carrots	1.3ounce servi	20	0.07	9.46	2769	0.55	3.38	0.00	0.00
Dressing/Dip	1 each	33	0.00	0.00	0	0.00	4.01	1.75	0.25
Pizza Meal Goldfish Variety	1 each	97	0.96	13.33	0	0.00	15.00	2.50	0.67
Fresh Fruit Choice, Whole	1 each	74	0.19	17.53	122	22.56	19.10	0.25	0.06
Condiment - Sec	1 each	69	0.36	20.00	1400	0.00	18.48	0.22	0.04
Salad Dressing, Pkt. FF	packet	10	0.00	0.00	0	0.00	3.00	0.00	0.00
Marinara Sauce Cup	1 each	25	0.00	0.00	0	0.00	6.00	0.00	0.00
Milk, Fat Free Chocolate	1 cup	150	0.36	250.00	500	0.00	28.00	0.00	0.00
MILK,1% White	1 cup	100	0.00	300.00	500	2.40	12.00	2.50	1.50
Milk, Strawberry 1%	1 each	160	0.00	300.00	500	2.40	27.00	2.50	1.50
Weighted Daily Average		845	5.66	622.65	5159	24.71	139.46	18.94	6.73
% of Calories							66.0%	20.2%	7.2%

Katy ISD

	Portion Size	Cals	Mg Iron	Mg Calcm	IU Vit-A	Mg Vit-C	G Carb	G T-Fat	G S-Fat
Wed - 10/07/2009									
Secondary Pizza Line	Total								
Pizza Sticks, Tony's	2 each	400	4.20	180.00	220	0.00	56.00	10.00	4.00
Stuffed Crust WPepperoni Pizza	1 each	390	5.40	300.00	750	0.00	45.00	16.00	5.00
Chicken Pizza Quesadilla	1 each	290	2.70	200.00	400	0.00	40.00	8.00	2.00
Pan Cheese Pizza - Sec	1 each	400	3.00	347.00	319	0.00	48.00	14.00	6.00
Pan Pepperoni Pizza	1 each	430	3.07	347.00	319	0.00	48.00	16.60	7.00
Twisted Stix	2 each	480	5.40	300.00	200	0.00	64.00	16.00	5.00
Baby Carrots	1.3ounce servi	20	0.07	9.46	2769	0.55	3.38	0.00	0.00
Dressing/Dip	1 each	33	0.00	0.00	0	0.00	4.01	1.75	0.25
Pizza Meal Goldfish Variety	1 each	97	0.96	13.33	0	0.00	15.00	2.50	0.67
Fresh Fruit Choice, Whole	1 each	74	0.19	17.53	122	22.56	19.10	0.25	0.06
Condiment - Sec	1 each	69	0.36	20.00	1400	0.00	18.48	0.22	0.04
Salad Dressing, Pkt. FF	packet	10	0.00	0.00	0	0.00	3.00	0.00	0.00
Marinara Sauce Cup	1 each	25	0.00	0.00	0	0.00	6.00	0.00	0.00
Milk, Fat Free Chocolate	1 cup	150	0.36	250.00	500	0.00	28.00	0.00	0.00
MILK,1% White	1 cup	100	0.00	300.00	500	2.40	12.00	2.50	1.50
Milk, Strawberry 1%	1 each	160	0.00	300.00	500	2.40	27.00	2.50	1.50
Weighted Daily Average		845	5.66	622.65	5159	24.71	139.46	18.94	6.73
% of Calories							66.0%	20.2%	7.2%

Thu - 10/08/2009									
Secondary Pizza Line	Total								
Pizza Sticks, Tony's	2 each	400	4.20	180.00	220	0.00	56.00	10.00	4.00
Stuffed Crust WPepperoni Pizza	1 each	390	5.40	300.00	750	0.00	45.00	16.00	5.00
Chicken Pizza Quesadilla	1 each	290	2.70	200.00	400	0.00	40.00	8.00	2.00
Pan Cheese Pizza - Sec	1 each	400	3.00	347.00	319	0.00	48.00	14.00	6.00
Pan Pepperoni Pizza	1 each	430	3.07	347.00	319	0.00	48.00	16.60	7.00
Twisted Stix	2 each	480	5.40	300.00	200	0.00	64.00	16.00	5.00
Baby Carrots	1.3ounce servi	20	0.07	9.46	2769	0.55	3.38	0.00	0.00
Dressing/Dip	1 each	33	0.00	0.00	0	0.00	4.01	1.75	0.25
Pizza Meal Goldfish Variety	1 each	97	0.96	13.33	0	0.00	15.00	2.50	0.67
Fresh Fruit Choice, Whole	1 each	74	0.19	17.53	122	22.56	19.10	0.25	0.06
Condiment - Sec	1 each	69	0.36	20.00	1400	0.00	18.48	0.22	0.04
Salad Dressing, Pkt. FF	packet	10	0.00	0.00	0	0.00	3.00	0.00	0.00
Marinara Sauce Cup	1 each	25	0.00	0.00	0	0.00	6.00	0.00	0.00
Milk, Fat Free Chocolate	1 cup	150	0.36	250.00	500	0.00	28.00	0.00	0.00
MILK,1% White	1 cup	100	0.00	300.00	500	2.40	12.00	2.50	1.50
Milk, Strawberry 1%	1 each	160	0.00	300.00	500	2.40	27.00	2.50	1.50
Weighted Daily Average		845	5.66	622.65	5159	24.71	139.46	18.94	6.73
% of Calories							66.0%	20.2%	7.2%

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Oct 5, 2009 thru Oct 9, 2009 Spreadsheet - Portion Values Secondary Pizza Line

	Portion Size	Cals	Mg Iron	Mg Calcm	IU Vit-A	Mg Vit-C	G Carb	G T-Fat	G S-Fat
Fri - 10/09/2009									
Secondary Pizza Line	Total								
Pizza Sticks, Tony's	2 each	400	4.20	180.00	220	0.00	56.00	10.00	4.00
Stuffed Crust WPepperoni Pizza	1 each	390	5.40	300.00	750	0.00	45.00	16.00	5.00
Chicken Pizza Quesadilla	1 each	290	2.70	200.00	400	0.00	40.00	8.00	2.00
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Milk, Fat Free Chocolate	1 cup	150	0.36	250.00	500	0.00	28.00	0.00	0.00
MILK,1% White	1 cup	100	0.00	300.00	500	2.40	12.00	2.50	1.50
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% of Calories							66.0%	20.2%	7.2%

Weighted Average		845	5.66	622.65	5159	24.71	139.46	18.94	6.73
							66.0%	20.2%	7.2%

Nutrient	Menu AVG	% of Cals	Target	% of Target	Miss Data	Shortfall	Error Messages (if any)
Calories	845		825	102%			
Iron (Mg)	5.66		4.50	126%			
Calcium (Mg)	622.65		400.00	156%			
Vitamin A (IU)	5159		1500	344%			
Vitamin C (Mg)	24.71		18.35	135%			
Carbohydrate (G)	139.46	65.98%	0.00				
Total Fat (G)	18.94	20.16%	<30.00				
Saturated Fat (G)	6.73	7.16%	<10.00				