

Katy ISD

Mar 1, 2010 thru Mar 5, 2010 Spreadsheet - Weighted Values Secondary Pizza Line

	Portion Size	Cals	Mg Iron	Mg Calcm	IU Vit-A	Mg Vit-C	G Carb	G T-Fat	G S-Fat
Mon - 03/01/2010									
Secondary Pizza Line	Total								
Pizza Sticks, Tony's	2 each	67	0.70	30.00	37	0.00	9.33	1.67	0.67
Stuffed Crust WPepperoni Pizza	1 each	65	0.90	50.00	125	0.00	7.50	2.67	0.83
Chicken Pizza Quesadilla	1 each	48	0.45	33.33	67	0.00	6.67	1.33	0.33
Pan Cheese Pizza - Sec	1 each	67	0.50	57.83	53	0.00	8.00	2.33	1.00
Pan Pepperoni Pizza	1 each	72	0.51	57.83	53	0.00	8.00	2.77	1.17
Twisted Stix	2 each	80	0.90	50.00	33	0.00	10.67	2.67	0.83
Baby Carrots	1.3ounce servi	20	0.07	9.46	2769	0.55	3.38	0.00	0.00
Dressing/Dip	1 each	33	0.00	0.00	0	0.00	4.01	1.75	0.25
Pizza Meal Goldfish Variety	1 each	97	0.96	13.33	0	0.00	15.00	2.50	0.67
Fresh Fruit Choice, Whole	1 each	25	0.06	5.84	41	7.52	6.37	0.08	0.02
Apple Juice, 6 oz.	1 each	30	0.17	3.70	24	0.37	7.33	0.00	0.00
Orange Juice, 6 oz.	1 each	27	0.00	50.00	33	24.00	6.67	0.00	0.00
Condiment - Sec	1 each	89	0.36	20.00	1400	0.00	22.48	0.22	0.04
Salad Dressing, Pkt. FF	packet	10	0.00	0.00	0	0.00	3.00	0.00	0.00
Marinara Sauce Cup	1 each	25	0.00	0.00	0	0.00	6.00	0.00	0.00
Milk, Fat Free Chocolate	1 cup	50	0.12	83.33	167	0.00	9.33	0.00	0.00
MILK,1% White	1 cup	33	0.00	100.00	167	0.80	4.00	0.83	0.50
Milk, Strawberry 1%	1 each	53	0.00	100.00	167	0.80	9.00	0.83	0.50
Weighted Daily Average		889	5.70	664.67	5135	34.03	146.73	19.65	6.81
% of Calories							66.0%	19.9%	6.9%

Tue - 03/02/2010									
Secondary Pizza Line	Total								
Pizza Sticks, Tony's	2 each	67	0.70	30.00	37	0.00	9.33	1.67	0.67
Stuffed Crust WPepperoni Pizza	1 each	65	0.90	50.00	125	0.00	7.50	2.67	0.83
Chicken Pizza Quesadilla	1 each	48	0.45	33.33	67	0.00	6.67	1.33	0.33
Pan Cheese Pizza - Sec	1 each	67	0.50	57.83	53	0.00	8.00	2.33	1.00
Pan Pepperoni Pizza	1 each	72	0.51	57.83	53	0.00	8.00	2.77	1.17
Twisted Stix	2 each	80	0.90	50.00	33	0.00	10.67	2.67	0.83
Baby Carrots	1.3ounce servi	20	0.07	9.46	2769	0.55	3.38	0.00	0.00
Dressing/Dip	1 each	33	0.00	0.00	0	0.00	4.01	1.75	0.25
Pizza Meal Goldfish Variety	1 each	97	0.96	13.33	0	0.00	15.00	2.50	0.67
Fresh Fruit Choice, Whole	1 each	25	0.06	5.84	41	7.52	6.37	0.08	0.02
Apple Juice, 6 oz.	1 each	30	0.17	3.70	24	0.37	7.33	0.00	0.00
Orange Juice, 6 oz.	1 each	27	0.00	50.00	33	24.00	6.67	0.00	0.00
Condiment - Sec	1 each	89	0.36	20.00	1400	0.00	22.48	0.22	0.04
Salad Dressing, Pkt. FF	packet	10	0.00	0.00	0	0.00	3.00	0.00	0.00
Marinara Sauce Cup	1 each	25	0.00	0.00	0	0.00	6.00	0.00	0.00
Milk, Fat Free Chocolate	1 cup	50	0.12	83.33	167	0.00	9.33	0.00	0.00
MILK,1% White	1 cup	33	0.00	100.00	167	0.80	4.00	0.83	0.50
Milk, Strawberry 1%	1 each	53	0.00	100.00	167	0.80	9.00	0.83	0.50
Weighted Daily Average		889	5.70	664.67	5135	34.03	146.73	19.65	6.81
% of Calories							66.0%	19.9%	6.9%

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Mar 1, 2010 thru Mar 5, 2010 Spreadsheet - Weighted Values Secondary Pizza Line

	Portion Size	Cals	Mg Iron	Mg Calcm	IU Vit-A	Mg Vit-C	G Carb	G T-Fat	G S-Fat
Wed - 03/03/2010									
Secondary Pizza Line	Total								
Pizza Sticks, Tony's	2 each	67	0.70	30.00	37	0.00	9.33	1.67	0.67
Stuffed Crust WPepperoni Pizza	1 each	65	0.90	50.00	125	0.00	7.50	2.67	0.83
Chicken Pizza Quesadilla	1 each	48	0.45	33.33	67	0.00	6.67	1.33	0.33
Pan Cheese Pizza - Sec	1 each	67	0.50	57.83	53	0.00	8.00	2.33	1.00
Pan Pepperoni Pizza	1 each	72	0.51	57.83	53	0.00	8.00	2.77	1.17
Twisted Stix	2 each	80	0.90	50.00	33	0.00	10.67	2.67	0.83
Baby Carrots	1.3ounce servi	20	0.07	9.46	2769	0.55	3.38	0.00	0.00
Dressing/Dip	1 each	33	0.00	0.00	0	0.00	4.01	1.75	0.25
Pizza Meal Goldfish Variety	1 each	97	0.96	13.33	0	0.00	15.00	2.50	0.67
Fresh Fruit Choice, Whole	1 each	25	0.06	5.84	41	7.52	6.37	0.08	0.02
Apple Juice, 6 oz.	1 each	30	0.17	3.70	24	0.37	7.33	0.00	0.00
Orange Juice, 6 oz.	1 each	27	0.00	50.00	33	24.00	6.67	0.00	0.00
Condiment - Sec	1 each	89	0.36	20.00	1400	0.00	22.48	0.22	0.04
Salad Dressing, Pkt. FF	packet	10	0.00	0.00	0	0.00	3.00	0.00	0.00
Marinara Sauce Cup	1 each	25	0.00	0.00	0	0.00	6.00	0.00	0.00
Milk, Fat Free Chocolate	1 cup	50	0.12	83.33	167	0.00	9.33	0.00	0.00
MILK,1% White	1 cup	33	0.00	100.00	167	0.80	4.00	0.83	0.50
Milk, Strawberry 1%	1 each	53	0.00	100.00	167	0.80	9.00	0.83	0.50
Weighted Daily Average		889	5.70	664.67	5135	34.03	146.73	19.65	6.81
% of Calories							66.0%	19.9%	6.9%

Thu - 03/04/2010									
Secondary Pizza Line	Total								
Pizza Sticks, Tony's	2 each	67	0.70	30.00	37	0.00	9.33	1.67	0.67
Stuffed Crust WPepperoni Pizza	1 each	65	0.90	50.00	125	0.00	7.50	2.67	0.83
Chicken Pizza Quesadilla	1 each	48	0.45	33.33	67	0.00	6.67	1.33	0.33
Pan Cheese Pizza - Sec	1 each	67	0.50	57.83	53	0.00	8.00	2.33	1.00
Pan Pepperoni Pizza	1 each	72	0.51	57.83	53	0.00	8.00	2.77	1.17
Twisted Stix	2 each	80	0.90	50.00	33	0.00	10.67	2.67	0.83
Baby Carrots	1.3ounce servi	20	0.07	9.46	2769	0.55	3.38	0.00	0.00
Dressing/Dip	1 each	33	0.00	0.00	0	0.00	4.01	1.75	0.25
Pizza Meal Goldfish Variety	1 each	97	0.96	13.33	0	0.00	15.00	2.50	0.67
Fresh Fruit Choice, Whole	1 each	25	0.06	5.84	41	7.52	6.37	0.08	0.02
Apple Juice, 6 oz.	1 each	30	0.17	3.70	24	0.37	7.33	0.00	0.00
Orange Juice, 6 oz.	1 each	27	0.00	50.00	33	24.00	6.67	0.00	0.00
Condiment - Sec	1 each	89	0.36	20.00	1400	0.00	22.48	0.22	0.04
Salad Dressing, Pkt. FF	packet	10	0.00	0.00	0	0.00	3.00	0.00	0.00
Marinara Sauce Cup	1 each	25	0.00	0.00	0	0.00	6.00	0.00	0.00
Milk, Fat Free Chocolate	1 cup	50	0.12	83.33	167	0.00	9.33	0.00	0.00
MILK,1% White	1 cup	33	0.00	100.00	167	0.80	4.00	0.83	0.50
Milk, Strawberry 1%	1 each	53	0.00	100.00	167	0.80	9.00	0.83	0.50
Weighted Daily Average		889	5.70	664.67	5135	34.03	146.73	19.65	6.81
% of Calories							66.0%	19.9%	6.9%

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Mar 1, 2010 thru Mar 5, 2010 Spreadsheet - Weighted Values Secondary Pizza Line

	Portion Size	Cals	Mg Iron	Mg Calc	IU Vit-A	Mg Vit-C	G Carb	G T-Fat	G S-Fat
Fri - 03/05/2010									
Secondary Pizza Line	Total								
Pizza Sticks, Tony's	2 each	67	0.70	30.00	37	0.00	9.33	1.67	0.67
Stuffed Crust WPepperoni Pizza	1 each	65	0.90	50.00	125	0.00	7.50	2.67	0.83
Chicken Pizza Quesadilla	1 each	48	0.45	33.33	67	0.00	6.67	1.33	0.33
Pan Cheese Pizza - Sec	1 each	67	0.50	57.83	53	0.00	8.00	2.33	1.00
Pan Pepperoni Pizza	1 each	72	0.51	57.83	53	0.00	8.00	2.77	1.17
Twisted Stix	2 each	80	0.90	50.00	33	0.00	10.67	2.67	0.83
Baby Carrots	1.3ounce servi	20	0.07	9.46	2769	0.55	3.38	0.00	0.00
Dressing/Dip	1 each	33	0.00	0.00	0	0.00	4.01	1.75	0.25
Pizza Meal Goldfish Variety	1 each	97	0.96	13.33	0	0.00	15.00	2.50	0.67
Fresh Fruit Choice, Whole	1 each	25	0.06	5.84	41	7.52	6.37	0.08	0.02
Apple Juice, 6 oz.	1 each	30	0.17	3.70	24	0.37	7.33	0.00	0.00
Orange Juice, 6 oz.	1 each	27	0.00	50.00	33	24.00	6.67	0.00	0.00
Condiment - Sec	1 each	89	0.36	20.00	1400	0.00	22.48	0.22	0.04
Salad Dressing, Pkt. FF	packet	10	0.00	0.00	0	0.00	3.00	0.00	0.00
Marinara Sauce Cup	1 each	25	0.00	0.00	0	0.00	6.00	0.00	0.00
Milk, Fat Free Chocolate	1 cup	50	0.12	83.33	167	0.00	9.33	0.00	0.00
MILK,1% White	1 cup	33	0.00	100.00	167	0.80	4.00	0.83	0.50
Milk, Strawberry 1%	1 each	53	0.00	100.00	167	0.80	9.00	0.83	0.50
Weighted Daily Average		889	5.70	664.67	5135	34.03	146.73	19.65	6.81
% of Calories							66.0%	19.9%	6.9%

Weighted Average		889	5.70	664.67	5135	34.03	146.73	19.65	6.81
							66.0%	19.9%	6.9%

Nutrient	Menu AVG	% of Cals	Target	% of Target	Miss Data	Shortfall	Error Messages (if any)
Calories	889		825	108%			
Iron (Mg)	5.70		4.50	127%			
Calcium (Mg)	664.67		400.00	166%			
Vitamin A (IU)	5135		1500	342%			
Vitamin C (Mg)	34.03		18.35	185%			
Carbohydrate (G)	146.73	66.01%	0.00				
Total Fat (G)	19.65	19.89%	<30.00				
Saturated Fat (G)	6.81	6.89%	<10.00				