

# Happy National School Lunch Week!

**Did you know that the National School Lunch Program is one of the Nation's largest food and nutrition assistance program? In 2007, school cafeterias served more than 5 billion lunches!**

**In order for the school to receive reimbursement, student lunches must meet minimum nutritional standards. One-third of the Recommended Dietary Allowance of protein, calcium, iron and vitamins A and C must be met. Additionally, no more than 30% of the meal's calories can come from fat, and no more than 10% can come from saturated fat.**

**Katy ISD employees registered dietitians to ensure that these nutritional requirements are met in each of your child's school lunch meals.**

A school lunch is a healthy lunch!

