

Indoor Air Quality Tips

For School Faculty and Staff

Common Problem	How This Affects IAQ	Best Practice Solutions
<p>Food (improperly contained)</p>	<ul style="list-style-type: none"> Encourages pest habitation. Pests carry allergens and diseases, and can cause asthma or increase asthma attacks. 	<ul style="list-style-type: none"> Store food in plastic containers with sealable lids <p>Note: Food NOT staying in buildings overnight may be stored in zipper-locked bags.</p>
<p>Personal Refrigerators/ Microwaves</p>	<ul style="list-style-type: none"> Encourages pest habitation. Personal refrigerators consume more energy than cooling fewer large refrigerators. 	<ul style="list-style-type: none"> Personal appliances by permission of Principal only Clean regularly Control/eliminate food debris
<p>Chemicals</p>	<ul style="list-style-type: none"> Can cause allergic reactions in some people. Aerosols disperse quickly and can be carried beyond a single room via the HVAC system. Federal & State laws regulate the storage and use of chemicals in schools. 	<ul style="list-style-type: none"> Use only chemicals for which District has an approved MSDS Custodial staff can provide necessary chemicals See MSDS Online Database for details
<p>Fabrics</p>	<ul style="list-style-type: none"> Harbor dust mites and lice Accumulate dirt, dust, bacteria, etc. that can affect individuals with allergies, respiratory problems, or weakened immune systems <p>Note: This includes stuffed animals, rugs, pillows, couches/sofas, mattresses, etc.</p>	<ul style="list-style-type: none"> Clean on a routine basis Find alternatives whenever possible <p>Note: RUGS are also a tripping hazard. Rugs not placed by the district should be removed.</p>
<p>Flammable Decorations</p>	<p>Considered fire hazards if they are:</p> <ul style="list-style-type: none"> within 24 inches of the ceiling (18" permitted with fire sprinkler system); items hung from ceiling grid or tiles; flash-fire items plug-in air fresheners, lava lamps, or other heat-producing flammables 	<ul style="list-style-type: none"> Remove all fire hazards See "Classroom Safety Rules" for details or more information
<p>Clutter</p>	<ul style="list-style-type: none"> Inhibits good housekeeping Encourages pest habitation Negatively affects school appearance and staff and student pride 	<ul style="list-style-type: none"> Keep area, especially floors and counter surfaces, neat and organized
<p>Cardboard</p>	<ul style="list-style-type: none"> Readily flammable Encourage pest habitation Common pathway of German cockroaches into buildings (they inhabit boxes during shipping and emerge once inside a building) 	<ul style="list-style-type: none"> Remove unnecessary cardboard from buildings as soon as possible Use plastic bins or crates instead of cardboard boxes for storage Never use cardboard for storage in food storage areas