



**Katy Independent School District
School Health Advisory Council
2015/2016 Annual Report**

The first School Health Advisory Council (SHAC) meeting for the 2015/2016 school year was held Thursday, September 10, 2015, at the ESC in room 1030 from 11:30AM-1:00PM. Nine members were present. H.C. Grimet, Coordinator of Physical Education, Health, and the Outdoor Learning Center, led the introductions and began the meeting with a brief review of the SHAC Meeting Norms. H.C. Grimet reviewed the purpose of the meeting and explained in detail the focus areas and required membership. H.C. Grimet introduced the members to the new SHAC page on the Katy ISD website. H.C. Grimet shared the website location as well as reviewed the material that is located on the webpage. Donna Pittenger, Director of Nutrition and Food Services, along with H.C. Grimet, provided information on Food Day 2015, scheduled for October 23, 2015. Danielle Tank, Katy ISD Dietitian, shared information on district wide activities for the day, including drawing contests and kitchen tours. Danielle Tank and Donna Pittenger shared the Texas Department of Agriculture's new rules on "exempt" days for schools across Texas. Danielle shared that the "exempt" days have gone up to 6 days for each school. H.C. Grimet closed the meeting and reminded members the next meeting is scheduled for Thursday, November 12, 2015, at the Nutrition and Food Services Building from 12:00PM- 1:30PM. The meeting was adjourned.

The second School Health Advisory Council (SHAC) meeting for the 2015/2016 school year was held Thursday, November 12, 2015, at the Katy ISD Nutrition and Food Services from 12:00PM-1:00PM. Ten members were present. H.C. Grimet, Coordinator of Physical Education, Health and the Outdoor Learning Center, led the introductions and began the meeting with a brief review of the SHAC Meeting Norms, while members enjoyed a lunch provided by Nutrition and Food Services. Donna Pittenger, Director of Nutrition and Food Services, showed a slideshow of the variety of activities and events from the District's Food Day 2015. Carol Moore, Director of Health Services, gave an update on the District's preparedness for influenza and the Health Department's prediction of a lower incidence rate, due to the effectiveness of vaccines. John Bremer, Katy ISD Office of Emergency Management, provided information on an upcoming emergency communication exercise to evaluate the effectiveness of levels of communication at all levels in the District in regards to a severe weather related event in our area. He outlined the District's plan to do a mock communication exercise in December. H.C. Grimet thanked everyone for attending and the meeting was adjourned.

The third School Health Advisory Council (SHAC) meeting for the 2015/2016 school year was held Thursday, January 14, 2016, at the ESC in room 1030 from 12:00PM-1:00PM. Eleven members were present. H.C. Grimet, Coordinator of Physical



Education, Health and the Outdoor Learning Center, led the introductions and began the meeting with a brief review of the SHAC Meeting Norms. H.C. Grimet reviewed the previous “Parking Lot” question which was turned in at the last SHAC meeting. The question was regarding the FitnessGram and the committee learned this assessment is still used in the Katy ISD schools, per Texas Education requirements. H.C. Grimet reviewed the components, purposes and history of FitnessGram. Dr. Anita Horton, Director of Counseling and Psychological Services, provided the Council an update on the District’s psychological services and explained how counselors are trained to deal with crisis situations. Dr. Anita Horton explained Katy ISD and other school districts work together to support one another with counseling services when needed. H.C. Grimet recognized Carol Moore, Director of Health Services, for her years of service and thanked her for serving on the School Health Advisory Council for fifteen years. The Council celebrated Carol Moore’s upcoming retirement on Friday, January 29, 2016. H.C. Grimet thanked everyone for being at the meeting and the meeting was adjourned.

The fourth and final School Health Advisory Council (SHAC) meeting for the 2015/2016 school year was held Thursday, March 10, 2016, at the ESC in room 1030 from 11:30AM-1:00PM. There were eight members present. H.C. Grimet, Coordinator of Physical Education, Health and the Outdoor Learning Center, led the introductions. H.C. Grimet introduced Therese Highnote, Instructional Officer for Health Services, who will be taking Carol Moore’s place on the SHAC Committee due to Carol’s retirement in January. H.C. Grimet guided the committee in reviewing and discussing the Katy ISD Wellness Policy, which will need to be revised to meet new state requirements. Recommendations for additions and revisions were developed and will be submitted to the District’s legal department for review. H.C. Grimet informed the Council that a parent co-chair is needed to assist him with presenting SHAC information to the School Board. Amy Nongbri was nominated and accepted this position. The proposed dates for 2016/2017 school year meeting dates were reviewed. It was agreed to continue meeting times from 11:30AM-1:00PM for next year’s meetings. H.C. Grimet thanked everyone for attending the meeting and the meeting was adjourned.