

INSight

noun \ˈin-,sīt\

The ability to understand people and situations in a very clear way

<http://www.merriam-webster.com/dictionary/insight>

Class of 2017 - *Gain Insight and Grow Personally by attending these sessions. Each session will be offered several times, so you can fit it into your schedule. See the calendar below for the first planned sessions. Changes in the schedule and future sessions will be publicized on the announcements, in the e-news and on the Class of 2017 Bulletin Board by Room 1211.*

What Would You Do? Making difficult choices.

Monday, Sept. 21 during 2.5 **or** Tuesday, Sept. 22 at 2:45pm in Room 1211.

Being Your Best Self Setting important life goals.

Monday, Sept. 28 during 2.5 **or** Tuesday, Sept. 29 at 2:45pm in Room 1211.

Communication is the Key Giving and receiving information effectively.

Monday, October 5 during 2.5 **or** Tuesday, October 6 at 2:45pm in Room 1211.

Conflict Resolution Strategies for achieving win/win solutions.

Monday, October 19 during 2.5 **or** Tuesday, October 20 at 2:45pm in Room 1211.

Helping Others/Helping Yourself Finding meaningful community service.

Monday, October 26 during 2.5 **or** Tuesday, October 27 at 2:45pm in Room 1211.

7 Habits of Highly Effective Teens Building a vision of future success.

Monday, November 2 during 2.5 **or** Tuesday, November 3 at 2:45pm in Room 1211.

Come to Room 1211 for a 2.5 Pass for each session you plan to attend.

Each Session is 30 minutes long. You will be given printed material and activities to work on at home. One-to-one sessions are also available by appointment.

Snacks and beverages provided at each session.

Attend all sessions and receive a recognition certificate at the end of the year.