



**Katy Independent School District
School Health Advisory Council
2021-2022 Annual Report**

The first School Health Advisory Council (SHAC) meeting for the 2021-2022 school year was held Thursday, October 14, 2021, at the Nutrition and Food Services Office from 9:03-10:29 AM. The meeting was recorded and posted on the SHAC website, in accordance with S.B. 1525. Members and guests were introduced. H.C. Grimet, Coordinator of Physical Education, Health and the Outdoor Learning Center, led the introductions and began the meeting with a brief review of the SHAC meeting norms. Donna Pittenger, Executive Director of Nutrition and Food Services for Katy ISD, provided the committee with an update on meals served in the community during COVID. She reviewed the challenges facing Food Services for the upcoming year. National School Lunch Month activities were reviewed. Mrs. Pittenger provided information regarding the upcoming wellness policy review and reported the results will be shared with the committee prior to the end of the school year. Therese Highnote, Director of Health Services for Katy ISD, provided an update on immunization opportunities for the community, district nurses becoming certified CPR/AED instructors, and the Katy ISD COVID-19 Testing Center. H.C. Grimet and Paulette Savoie, Elementary C&I Coordinators for Katy ISD, informed the committee on Proclamation 2022 and updated Physical Education and Health TEKS for 2022-2023. The three-phase process was reviewed. The committee was informed on its role and responsibilities related to Proclamation 2022. The meeting was closed by H.C. Grimet with future SHAC meeting dates and meeting times outlined for 2021-2022.

The second School Health Advisory Council (SHAC) meeting for the 2021-2022 school year was held Thursday, November 18, 2021, at the Katy ISD Food & Nutrition Department from 1:03-2:15 PM. The meeting was recorded and posted on the SHAC website, in accordance with state guidelines. Members and guests were introduced. H.C. Grimet, Coordinator of Physical Education, Health, and Outdoor Learning Center, led the introductions and began the meeting with a brief review of the SHAC meeting norms. Kelli Davidson and Anne McHale-Miller provided an update to the committee on the overall mental health needs facing Katy ISD. Resources and personnel to address the mental health needs of students and staff were reviewed. Kara Ihedigbo provided information to the committee on Harris County Public Health initiatives and Healthy Living Matters, a new strategic plan to target obesity in cooperation with local SHACs in the county. Dr. Kimberly Lawson and Dr. Sanée Bell reviewed the resolution from the Katy ISD Board of Trustees for the SHAC to review and make recommendations to the Board regarding human sexuality curriculum, in accordance with TEA curriculum updates. H.C. Grimet provided an update on Proclamation 2022, informing the committee the district was in the process of soliciting feedback from teachers, counselors, parents, and staff members regarding health and physical education materials for grades K-12 through December 15, 2021. H.C. Grimet closed with a reminder that the next meeting will be January 13, 2022, at the Katy ISD Nutrition and Food Department from 11:00 AM-1:00 PM.



The third School Health Advisory Council (SHAC) meeting was held Thursday, January 13, 2022, at the Food and Nutrition Department from 11:30 AM-12:51 PM. The meeting was recorded and posted on the SHAC website, in accordance with state guidelines. Members and guests were introduced. H.C. Grimet, Coordinator of Physical Education, Health, and Outdoor Learning Center, led the introductions and began the meeting with a brief review of the SHAC Meeting norms. Sandra Castro, School Wellness Consultant, provided information to the committee on the Fuel Up to Play 60 and Dairy Max programs. H.C. Grimet provided an update on recent changes which occurred with resources related to Proclamation 2022. Due to the change in resource options approved by the State Board of Education, the date for soliciting input was extended to February 4, 2022. Barbara Landreneau, Susan Richards, and Christi Harrelson provided information on the Katy Virtual School program. They reported many students in Katy ISD take Health during the summer. H.C. Grimet closed with a reminder that the next meeting will be February 22, 2022, at the Katy ISD Nutrition and Food Department from 9:00-10:30 AM.

The fourth meeting was held Tuesday, February 22, 2022, at the Food and Nutrition Department from 9:02-10:25 AM. The meeting was recorded and posted on the SHAC website, in accordance with state guidelines. Members and guests were introduced. H.C. Grimet, Coordinator of Physical Education, Health and the Outdoor Learning Center, led introductions and began the meeting with a brief review of the SHAC meeting norms. Paulette Savoie, Elementary C&I Coordinator, provided an overview of the Health TEKS with a timeline of the process for SHAC members to provide feedback as outlined in SB9, HB1525 and Proclamation 2022. CATCH, a resource utilized in the district to support TEKS in physical education and health was reviewed, and feedback regarding this resource would be provided to the SHAC committee at the next meeting. Edie White provided information on how elementary school counselors support Health TEKS through continual professional development and staff training and through the Texas Model for Comprehensive School Guidance Program. Alicia Bates, Director of Secondary C&I, provided the committee with a review of the Goodheart-Willcox website and materials related to human sexuality. H.C. Grimet closed with a reminder that the next meeting will be March 3, 2022, at the Katy ISD Nutrition and Food Department from 9:00-10:30 AM.

The fifth meeting was held Tuesday, March 3, 2022, at the Food and Nutrition Department from 9:02-10:25 AM. The meeting was recorded and posted on the SHAC website, in accordance with state guidelines. Members and guests were introduced. H.C. Grimet, Coordinator of Physical Education, Health and the Outdoor Learning Center, led introductions and began the meeting with a brief review of the SHAC meeting norms. The SHAC committee reviewed the Health and Physical Education TEKS and resources for grades K-12, in addition to reviewing the feedback submitted by parents, teachers, and community members regarding Proclamation 2022. After review and discussion, the SHAC came to a unanimous decision (14 in favor to 0 opposed) to recommend the following resources to the Katy ISD School Board:

- Elementary Health K-5: CATCH and curated resources
- Elementary Physical Education K-5: CATCH and curated resources



- Junior High Health, grades 6-8: Goodheart-Willcox
- Junior High Physical Education, grades 6-8: CATCH and curated resources
- High School Health, grades 9-12: Goodheart-Willcox
- High School Physical Education, grades 9-12: Goodheart-Willcox

Recommendations will be presented to the Board of Trustees during the Regular Board meeting on April 25, 2022. Katy ISD Health and PE curriculum will be amended over the summer to align with the new TEKS and newly adopted resources. Training for staff and creating an Opt-In Parent Letter for the Health TEKS related to human sexuality will all be developed for implementation for the upcoming school year. Members were thanked for their feedback and participation. H.C. Grimet closed with a reminder that the next meeting will be April 5, 2022, at the Katy ISD Nutrition and Food Department from 9:30-11:00 AM.

The sixth meeting was held Tuesday, April 5, 2022, at the Food and Nutrition Department from 9:30-11:00 AM. The meeting was recorded and posted on the SHAC website, in accordance with state guidelines. Members and guests were introduced. H.C. Grimet, Coordinator of Physical Education, Health and the Outdoor Learning Center, led introductions and began the meeting with a brief review of the SHAC meeting norms. Donna Pittenger, Katy ISD Executive Director of Nutrition and Food Services, guided the committee through evaluating the effectiveness of each wellness goal using the Katy ISD Wellness Policy Implementation and Measurement Plan. The committee collectively agreed on the plan and it will be posted on the Katy ISD School Health Advisory Council website. The 2021-2022 Annual SHAC report was reviewed by H.C. Grimet and agreed upon by the SHAC committee. H.C. Grimet also guided a brainstorming discussion for future SHAC meeting dates, times, locations and possible topics for the upcoming school year. Members were thanked for their service on the committee.